



USING MEDICATIONS, COSMETICS, OR EATING CERTAIN FOODS CAN INCREASE SENSITIVITY TO ULTRAVIOLET RADIATION. INDIVIDUALS SHOULD CONSULT A PHYSICIAN BEFORE USING A SUNLAMP, IF THEY ARE TAKING MEDICATIONS.

THE ITEMS LISTED ARE POTENTIAL PHOTSENSITIZING AGENTS THAT MAY INCREASE SENSITIVITY TO ULTRAVIOLET LIGHT THAT MAY RESULT IN A PHOTOTOXIC OR PHOTOALLERGIC RESPONSES.

PHOTSENSITIZING MEDICATIONS

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| Acetazolamide | Amiloride+Hydrochlorothizide |
| Amiodarone | Amitriptyline |
| Amoxapine | Astemizole |
| Atenolol+Chlorthalidone | Auranofin |
| Azatadine (Optimine) | Azatidine+Pseudoephedrine |
| Bendroflumethiazide | Benzthiazide |
| Bromodiphenhydramine | Brompheniramine |
| Captopril | Captopril+Hydrochlorothiazide |
| Carbamazepine | Chlordiazepoxide+Amitriptyline |
| Chlorothiazide | Chlorpheniramine |
| Chlorpheniramin+DPseudoephedrine | Chlorpromazine |
| Chlorpheniramine+Phenylpropanolamine | Chlorpropamide |
| Chlorprothixene | Chlorthalidone |
| Chlorthalidone+Reserpine | Ciprofloxacin |
| Clemastine | Clofazime |
| ClonidineChlorthalidone+Coal Tar | Coal Tar |
| Contraceptive (oral) | Cyclobenzaprine |
| Cyproheptadine | Dacarcazine |
| Danazol | Demeclocycline |
| Desipramine | Dexchlorpheniramine |
| Diclofenac | Diflunisal |
| Ditiazem | Diphenhydramine |
| Diphenylpyraline | Doxepin |
| Doxycycline | Doxycycline Hyclate |
| Enalapril | Enalapril+Hydrochlorothiazide |
| Erythromycin Ethylsuccinate+Sulfisoxazole | Estrogens |
| Estrogens | Ethionamide |
| Etretinate | Floxuridine |
| Flucytosine | Fluorouracil |

Fluphenazine
Flutamide
Glipizide
Gold Salts (compounds)
Griseofulvin
Griseofulvin+Hydrochlorothiazide
Hexachlorophene
Hydralazine
Hydrochlorothiazide+Triamterene
Hydroflumethiazide+Reserpine
Imipramine
Isotretinoin
Interferon ALFA-2B
Labetalol
Labetalol+Thiazide Diuretic
Lovastatin
Maprotiline Meperidine+Promethiazine
Methacycline
Methdilazine
Methyclothiazide+Deserpidine
Methyldopa+Hydrochlorothiazide
Metolazone
Minocycline
Nabilone
Nadolol+Bendroflumethiazide blocker
Nifedipine
Norflaxcin
Oxytetracycline
Perphenazine+Amitriptyline
Phenytoin
Phenylpropanolamine+Chlorpheniramine
Phenylpropanolamine+Pheniramine
Prazosin+Polythiazide
Promethazine
Pyrazinamide
Quinidine Gluconate
Quinidine
Quinine
Rauwolfia+Sepentina+Bendroflumethiazide
Reserpine+Hydrochlorothiazide
Reserpine+Hydralazine+Hydrochlorothiazide
Spironolactone+Hydrochlorothiazide
Sulfamethizole+Phenazopyridine
Sulfapyridine
Sulfinpyrazone
Sulfasoxazole+Phenazopyridine

Flubiprofen
Gentamicin
Glyburide
Gold Sodium Thiomalate
Griseofulvin Ultramicrosize
Haloperidol
Hydralazine+Hydrochlorothiazide
Hydrochlorothiazide
Hydroflumethiazide
Ibuprofen
Indapamide
Isocarboxazid
Ketoprofen
Labetalol+Hydrochlorothiazide
Lisinopril+Hydrochlorothiazide

Mesoridazine
Methazolamide
Methotrexate
Methyclothiazide+Reserpine
Methyldopa+Chlorothiazide
Metoprolol+Hydrochlorothiazide
Minoxidol
Nalidixic Acid
Naprosyn
Nifedipine Channel blocker
Nortriptyline
Perphenazine
Phenylbutazone
Polythiazide
Piroxicam
Pyrilamine
Prochlorperazine
Protriptyline
Quinethazone
Quinidine Sulfate
Reserpine+Chlorothiazide

Selegiline
Sulfacytine
Sulfadoxine+Pyrimethamine
Sulfamethoxazole
Sulfasalazine
Sulfasoxazole
Sulfone

Sunlindac
Tetracycline
Timolol+Hydrochlorothiazide
Tolbutamide
Triamterene
Trimeprazine
Trimethoprim+Sulfamethoxazole
Tripelennamine
Triprolidine+Pseudoephedrine
Cromolyn

Terfenadine
Thiothixene
Tolazamide
Tretinoin
Trifluoperazine
Trimethoprim
Trimipramine
Triprolidine
Visblastine

ANTIDEPRESSANTS

Clomipramine (Anafranil)
Maprotiline (Ludomil)
Sertaline (Zoloft)
Tricyclic Agents (Elavil, Asendin, Norpramin, Sinequan, Tofranil, Aventyl, Vivactil, Surmontil)

Isocarboxazid (Marplan)
Mirtazapine (Remeron)
Venlafixine (Effexor)

ANTIHISTAMINES

Astemizole (Hismanal)
Cyproheptadine (Periactin)
Diphenhydramine (Benadryl)
loratadine (Claritin)

Cetirizine (Zytec)
Dimenhydrinate (Dramamine)
Hydroxyzine (Atarax, Vistaril)
Terfenadine (Seldane)

ANTIMICROBIALS

Azithromycin (Zithromax)
Nalidixic Acid (NegGram)
Quinolones (Cipro, Penetrex, Levaquin, Floxin, Maxaquin, Noroxin)
Sulfasalazine (Azulfidine)
Sulfonamides (Gantrisin, Bactrim, Septra)
Tetracyclines (Declomysin, Vibramycin, Minocin, Terramycin)

Griseofulvin (Fulvicin, Grisactin)
Zagam

ANTIPARASITICS

Bithionol (Bitin)
Mefloquine (Lariam)
Pyrvinium Parnate (Povan, Vanquin)

Chloroquine (Aralen)
Quinine

ANTIPSYCHOTICS

Chlorprothixene (Taractan, Tarasan)
Phenothiazines (Compazine, Mellaril, Stelazine, Phenergan, Thorazine)
Risperidone (Risperdal)
Cancer Chemotherapy
Fluorouracil (5-FU)
Procabazine (Matulane, Natulan)

Haloperidol (Haldol)
Thiothixene (Navane)
Dacarbazine (DTIC)
Methotrexate (Mexate)
Vinblastine (Velban, Belbe)

CARIOVASCULARS

Ace Inhibitors (Capoten, Vasotec, Monapril, Accupril, Altace, Univasc)
Amiodarone (Cordarone)
Disopyramide (Norpace)
Lovastatin (Mevacor)
Pravastatin (Pravachol)
Simvastatin (Zocor)

Diltiazem (Cardizem)
Osartan (Hyzaar)
Nifedipine (Procardia)
Quinidine (Quinaglute)
Sotalol (Betapace)

DIURETICS

Acetazolamide (Diamox)
Furosemide (Lasix)
Thiazides (HydroDiuril, Naturetin)

Amiloride (Midamor)
Metolazone (Diulo, Zaroxolyn)

HYPOGLYCEMIC SULFONYLUREAS

Acetohexamide (Dymelor)
Glimepiride (Amaryl)
Glyburide (DiaBeta, Micronase)
Tolbutamide (Orinase)

Chlorpropamide (Diabinese)
Glipizide (Glucotrol)
Tolazamide (Tolinase)

NSAIDs

All nonsteroidal anti-inflammatory drugs
Ibuprofen (Motrin)
Orudis
Voltaren
Nabumetone (Relafen)

Naproxen (Anaprox, Naproxyn)
Feldene
Etodolac (Lodine)
Oxaprozin (Daypro)

SUNSCREENS

Benzophenones (Armis, Clinique)
Cinnamates (Arimis, Estee Lauder)
Oxybenzone (Eclipse, PreSun, Shade)
PABA Esters (Block Out, Sea & Ski, Eclipse)

Dioxbenzone (Solbar Plus)
PABA (PreSun)

MISCELLANEOUS

Benzocaine
Carbamazepine (Tegretol)
Coal Tar (Tegrin, Zetar, Denorex)
Etretinate (Tegison)
Gabapentin (Neurontin)
Gold Salts (Myochrysine, Ridaura, Solganal)
Interferon beta-1b (Betaseron)
Masoprocol (Actinex)
Perfume Oils (Bergamot, Citron, Lavender, Sandalwood, Cedar, Musk)
Psoralens
Tretinoin (Retin-A, Vitamin A Acid)

Benzoyl Peroxide (Oxy 10)
Chlordiazepoxide (Librium)
Estazolam (ProSom)
Felbamate (Felbatol)
Hexachlorophene (pHisoHex)
Hypericum (St. Johns Wort)
Isotretinoin (Accutane)
Olsalazine (Dipentum)
Selegiline (Deprenyl, Eldepryl)
Zolpidem (Ambien)

OTHER PHOTSENSITIZING FOODS & MEDICATIONS

Acridine Preparations (slight)

Agave Lechuguilla (Amaryllis)

Agrimony
Aminobenzoic Acid
Angelica
Antimalarials
Barbiturates
Benzene
Bergamot (Perfume)
Bulosemide (Jadit)
4-Butyl-4-Chlorosalicylanilide
Carbinoxamine D-Form (Twiston R-A)
Celery
Citrus Fruits
Demeclocycline
Parsnips
Perioline
Phenanathrene
Phenolic compounds
Phenothiazines (dyes, methylene blue)
Dibenzopyran derivatives
Digalloyl trioleate sunscreen
Diphenhydramine hydrochloride
Eosin (slight)
Estrone
Fluorescein dyes
Glyceryl P-Aminobenzoate
Garlic
Hematoporphyrin
Imipramine HCL (Tofranil)
Isothipendyl
Lantinin
Mepazine (Pacatal)
Methotrimeprazine (Levoprome)
Methoxsalen (Meloxine, Oxsoralen)
Monoglycerol Paraaminobenzoate
Nalidixic Acid
Nortriptyline (Aventyl)
Paraphenylenediamine
Promazine Hydrochloride
Sulfadoxine
Sulfapyridine
Cyclothiazide
Chlortetracycline
Mirtazapine
Pitch and Pitch fumes
Profriptyline
Pyridine
9-Aminoacridine
Anesthetica (Procaine group)
Anthracene
Aresenicals
Bavachi (Corylifolia)
Benzopyrine
Bithional (Actamer, Lorotheidol)
Bromchlorsalicylanilide
Carbutamide (Nadisan)
Carrots
Chlorophyll
Clover
Declomycin
Penicillin derivatives
Perphenazine (Trilafon)
Phenazine Dyes
Phenoxazines
Demethylchlortetracycline
Dicyanine-A
Dill
Eggs
Figs
Fennel
5-Fluorouracil
Grass (Meadow, Wheat, Barley)
Lime Oil
Hexachlorophene (Rare)
Isothipencyl (Theruhistin)
Lady's Thumb (Tea)
Mecllothiazide (Enduron)
9-Mercatopurine
5-Methixypsoralen
8-Methoxypsoralen
Mustards
Naphthalene
Para-Dimethylaminoazobenzene
Parsley
Sulfadiazine
Sulfamethizole
Acetohexamide
Trichlormethiazide
Clomipramine
Sertaline
Porphyrins
Pyrathiazine Hydrochloride
Rose Bengal Perfume

Rue
Salicylates
Smartweed (Tea)
Sulfacetamide
Sulfaguanidine
Sulfamerazine
Sulfathiazole
Sulfaisomidine (Elkosin)
Tetrachlorsalicylanilide
Thiopropazate
Toluene
Trichlormethiazide (Metahydrin)
Triethylene Melamine (TEM)
Triflupromazine Hydrochloride (Vesprin)
Tripyrathiazine
Water Ash
Yarrow
Antimicrobials
Artificial Sweeteners
Dyes
Bacteriostatic Agents
Melanogenics (furocoumarins)
Perfumes & Toilet Articles (essential oils)
Onions
Chloroquine
Blood Pressure Medications
Oral Diabetes Medications
Anticholesterol Medications
Actifed
Aldoril
Acetohexamine

Salicylanilides
Silver Salts
Stilbamindine Isethionate
Sulfadimethoxine
Sulfanilamide (slight)
Sulfamethazine
Sulfonamides
Sulfonylureas (Antidiabetics)
Thiazides (Diuril, Hydrodiuril)
Dihydrochloride
Tribromosalicylanilide (TBS)
Tridione
Trimeprazine Tartrate (Temaril)
Trimethadione (Tridione)
Vanilla Oils
Xylene
Antifungals
Antiseptics
Cosmetics
Deodorant
Fluorescent Brightening Agents
Flavoring and Spices
Tattoos
Coumarin (from Tonka Bean)
Estrogen
Major Tranquilizers
Antibiotics
Anticonvulsants
Aldoclor
Aldatazide
Acetophenazine

DYES IN MAKE-UP PRODUCTS AND SOME FOODS

(Make sure skin is clean before tanning)

Acridine
Cadmium Sulfide
Erythrosin
Methylene Blue, Violet, Orange & Red
Rose Bengal
Trypaflavin & Trypan Blue

Anthracene
Eosin (found in lipstick)
Fluorescin
Neutral Red
Toluidine Blue

SUNSCREENS

6-Acetoxy-2, 4-dimethyl-m-dioxane (preservative in sunscreen)
Benzophenones (Armis, Clinque and others)
Cinnamates (Aramis, Estee Lauder and others)
Oxybenzone (Eclipse, PreSun and others)

Paba Esters (Eclipse, Block Out, Sea & Ski and others)
Para-aminobenzoic Acid (PABA-Pabagel, Pabanol, PreSun and others)

HEALTH CONDITIONS

(Individuals with the following conditions should not be allowed to tan unless they have written consent from their physician. It is unlikely that any doctor will permit tanning under these circumstances.)

Albinism	Atinie Prurigo
Dermatomysitis	Lichen Rubber
Lung Tuberculosis	Lupus Erythemotosum
Melasma	Photoallergic Eczema
Polymorphous Light	Eruption
Porphria	Related Allergies
Rosacea	Solar Urticaria
Sun Poisoning	Varix
Vitiligo	Xeroderma Pigmentosum