



Florida Health Mission:

To protect, promote
& improve the health
of all people
in Florida through
integrated state, county,
& community efforts.

Rick Scott
Governor

John H. Armstrong, MD, FACS
Surgeon General & Secretary

**Florida Department of Health
Lee County**

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FOR IMMEDIATE RELEASE

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Florida Department of Health in Lee County
2015:028

DOH-LEE EARNS FIT FRIENDLY GOLD AWARD
American Heart Association honors workplace wellness

Lee County, FL—The Florida Department of Health in Lee County earned its fifth consecutive Fit Friendly Gold Award for maintaining a healthy workplace. The honor is granted for the main office at 3920 Michigan Avenue in Fort Myers.

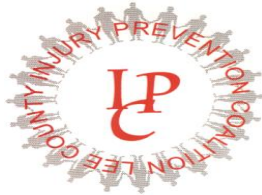
“Encouraging our employees to live a healthy lifestyle allows us to set a good example for the community,” said Robert Palussek, administrator for DOH-Lee. “Full time workers spend more time at work than at home, so it’s important for employers to support staff health. All businesses can earn this award by making simple changes.”

The Gold Award criteria require healthy options in vending machines, daily independent physical activity opportunities for staff, education programs, healthy food policies and tobacco cessation encouragement. Businesses are evaluated annually on the criteria and appropriate changes.

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Follow us on Twitter at [@HealthyFla](https://twitter.com/HealthyFla) and on [Facebook](https://www.facebook.com/HealthyFla). For more information go to <http://lee.floridahealth.gov/>



For More Information Contact:
Safe Kids Coalition of Lee and Collier Counties
Drowning Prevention Committee
(239) 343-6199
info@safekidsleecollier.org
www.leecountyinjuryprevention.org
www.safekidsleecollier.org

SWIMMING LESSONS IN LEE COUNTY

South Region

<i>Name and Pool Address</i>	<i>Student Ages</i>	<i>Type of Lessons</i>	<i>Seasons Available</i>	<i>Scholarships Available</i>	<i>Scheduling Information</i>
Bonita Springs Community Pool (BSCP) 26890 Pine Avenue Bonita Springs	12 mos. to Adult	Private and Group	March through November	None	(239) 947-1948 www.bonitaspringsrecreation.org
Bonita Springs YMCA 27200 Kent Road Bonita Springs	6 mos. to Adult	Private and Group	May through August	Yes	(239) 221-7560 www.swflyca.org Bonita Springs
FGCU Aquatic Center (FGCU) 10501 FGCU Blvd. S. Fort Myers	Pre-School to Adult	Group	Summer and Fall	No	(239) 590-7700 www.fgcu.edu/aquatics
Fort Myers Beach Pool 2600 Oak Street Fort Myers Beach	Infant to Adult	Group	Summer	Limited	(239) 463-5759 www.fortmyersbeachfl.gov
San Carlos Community Pool 8208 Sanibel Boulevard San Carlos Park	Pre-School to Adult	Private and Group	Year-round <i>Summer - Infant to 18</i>	Limited	(239) 533-7275 www.leeparks.org
Sanibel Recreation Complex 3840 San-Cap Road Sanibel Island	Infant to Adult	Private and Group	Year Round	No	(239) 472-0345 www.mysanibel.com

Central Region

City of Fort Myers Golf View Pool (FMGVP) 1865 Golf View Avenue Fort Myers	6 mos. To Adult	Semi-private Group	Spring and Summer	No	(239) 931-7020 www.cityftmyers.com
Fort Myers Aquatic Center (FMAC) 1750 Matthew Drive Fort Myers	Infant to Adult	Semi-Private and Group	Spring Summer Fall	No	(239) 931-7020 www.cityftmyers.com
STARS Complex 2980 Edison Avenue Fort Myers	Age 5 to 12 years	Group	Summer	Children	(239) 332-6671 www.cityftmyers.com
Tice Community Pool 4515 Glenwood avenue Fort Myers	4 years to 12 years	Group	Summer	Yes	(239) 533-7275 www.leeparks.org

Eastern Region

Lehigh Acres Community Pool (LACP) 1400 West Fifth Street Lehigh Acres	Pre-School to Adult	Private and Group	Year-round <i>Summer - Infant to 18</i>	Limited	(239) 533-7275 www.leeparks.org
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North Region

North Fort Myers Community Pool (NFMCP) 5170 Orange Grove Blvd. North Fort Myers	Pre-School to Adult	Private and Group	Year-round <i>Summer - Infant to 18</i>	Limited	(239) 533-7275 www.leeparks.org
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Western Region

Cape Coral Yacht Club (CCYC) 5819 Driftwood Parkway Cape Coral	6 mos. to 12 years	Group, Synchronized Swimming	Year Round	No	(239) 542-3903 www.capecoral.net Cape Coral Yacht Club
Phillips Park Community Pool (PPCP) 5675 Sesame Drive Pine Island	Pre-School to Adult	Private and Group	Year-round <i>Summer - Infant to 18</i>	Limited	(239) 533-7275 www.leeparks.org
Sun Splash Water Park 400 Santa Barbara Blvd. Cape Coral	Infant to 12 years	Group	Summer	No	(239) 574-0558 www.sunsplashwaterpark.com
Wellness Center of Cape Coral 636 del Prado Boulevard Cape Coral	6 mos. to Adult	Private and Semi-Private	Year-round Summer - Infant to 18	No	(239) 424-3220 www.leememorial.org Wellness Center Aquatics
YMCA Cape Coral High School Pool Cape Coral	6 mos. to Adult	Group	Spring Summer Fall	Yes	(239) 275-9622 www.leecountyymca.org