



USING MEDICATIONS, COSMETICS, OR EATING CERTAIN FOODS CAN INCREASE SENSITIVITY TO ULTRAVIOLET RADIATION. INDIVIDUALS SHOULD CONSULT A PHYSICIAN BEFORE USING A SUNLAMP, IF THEY ARE TAKING MEDICATIONS.

THE ITEMS LISTED ARE POTENTIAL PHOTSENSITIZING AGENTS THAT MAY INCREASE SENSITIVITY TO ULTRAVIOLET LIGHT THAT MAY RESULT IN A PHOTOTOXIC OR PHOTOALLERGIC RESPONSES.

PHOTSENSITIZING MEDICATIONS

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| Acetazolamide | Amiloride+Hydrochlorothiazide |
| Amiodarone | Amitriptyline |
| Amoxapine | Astemizole |
| Atenolol+Chlorthalidone | Auranofin |
| Azatadine (Optimine) | Azatidine+Pseudoephedrine |
| Bendroflumethiazide | Benzthiazide |
| Bromodiphenhydramine | Bromopheniramine |
| Captopril | Captopril+Hydrochlorothiazide |
| Carbamazepine | Chlordiazepoxide+Amitriptyline |
| Chlorothiazide | Chlorpheniramine |
| Chlorpheniramin+DPseudoephedrine | Chlorpromazine |
| Chlorpheniramine+Phenylpropanolamine | Chlorpropamide |
| Chlorprothixene | Chlorthalidone |
| Chlorthalidone+Reserpine | Ciprofloxacin |
| Clemastine | Clofazime |
| ClonidineChlorthalidone+Coal Tar | Coal Tar |
| Contraceptive (oral) | Cyclobenzaprine |
| Cyproheptadine | Dacarcazine |
| Danazol | Demeclocycline |
| Desipramine | Dexchlorpheniramine |
| Diclofenac | Diflunisal |
| Ditiazem | Diphenhydramine |
| Diphenylpyraline | Doxepin |
| Doxycycline | Doxycycline Hyclate |
| Enalapril | Enalapril+Hydrochlorothiazide |
| Erythromycin Ethylsuccinate+Sulfisoxazole | Estrogens |
| Estrogens | Ethionamide |
| Etretinate | Floxuridine |
| Flucytosine | Fluorouracil |

Fluphenazine
Flutamide
Glipizide
Gold Salts (compounds)
Griseofulvin
Griseofulvin+Hydrochlorothiazide
Hexachlorophene
Hydralazine
Hydrochlorothiazide+Triamterene
Hydroflumethiazide+Reserpine
Imipramine
Isotretinoin
Interferon ALFA-2B
Labetalol
Labetalol+Thiazide Diuretic
Lovastatin
Maprotiline Meperidine+Promethiazine
Methacycline
Methdilazine
Methyclothiazide+Deserpidine
Methyldopa+Hydrochlorothiazide
Metolazone
Minocycline
Nabilone
Nadolol+Bendroflumethiazide blocker
Nifedipine
Norflaxcin
Oxytetracycline
Perphenazine+Amitriptyline
Phenytoin
Phenylpropanolamine+Chlorpheniramine
Phenylpropanolamine+Pheniramine
Prazosin+Polythiazide
Promethazine
Pyrazinamide
Quinidine Gluconate
Quinidine
Quinine
Rauwolfia+Sepentina+Bendroflumethiazide
Reserpine+Hydrochlorothiazide
Reserpine+Hydralazine+Hydrochlorothiazide
Spironolactone+Hydrochlorothiazide
Sulfamethizole+Phenazopyridine
Sulfapyridine
Sulfinpyrazone
Sulfasoxazole+Phenazopyridine

Flubiprofen
Gentamicin
Glyburide
Gold Sodium Thiomalate
Griseofulvin Ultramicrosize
Haloperidol
Hydralazine+Hydrochlorothiazide
Hydrochlorothiazide
Hydroflumethiazide
Ibuprofen
Indapamide
Isocarboxazid
Ketoprofen
Labetalol+Hydrochlorothiazide
Lisinopril+Hydrochlorothiazide

Mesoridazine
Methazolamide
Methotrexate
Methyclothiazide+Reserpine
Methyldopa+Chlorothiazide
Metoprolol+Hydrochlorothiazide
Minoxidol
Nalidixic Acid
Naprosyn
Nifedipine Channel blocker
Nortriptyline
Perphenazine
Phenylbutazone
Polythiazide
Piroxicam
Pyrilamine
Prochlorperazine
Protriptyline
Quinethazone
Quinidine Sulfate
Reserpine+Chlorothiazide

Selegiline
Sulfacytine
Sulfadoxine+Pyrimethamine
Sulfamethoxazole
Sulfasalazine
Sulfasoxazole
Sulfone

Sunlindac
Tetracycline
Timolol+Hydrochlorothiazide
Tolbutamide
Triamterene
Trimeprazine
Trimethoprim+Sulfamethoxazole
Tripelennamine
Triprolidine+Pseudoephedrine
Cromolyn

Terfenadine
Thiothixene
Tolazamide
Tretinoin
Trifluoperazine
Trimethoprim
Trimipramine
Triprolidine
Visblastine

ANTIDEPRESSANTS

Clomipramine (Anafranil)
Maprotiline (Ludiomil)
Sertaline (Zoloft)
Tricyclic Agents (Elavil, Asendin, Norpramin, Sinequan, Tofranil, Aventyl, Vivactil, Surmontil)

Isocarboxazid (Marplan)
Mirtazapine (Remeron)
Venlafixine (Effexor)

ANTI-HISTAMINES

Astemizole (Hismanal)
Cyproheptadine (Periactin)
Diphenhydramine (Benadryl)
loratadine (Claritin)

Cetirizine (Zytec)
Dimenhydrinate (Dramamine)
Hydroxyzine (Atarax, Vistaril)
Terfenadine (Seldane)

ANTIMICROBIALS

Azithromycin (Zithromax)
Nalidixic Acid (NegGram)
Quinolones (Cipro, Penetrex, Levaquin, Floxin, Maxaquin, Noroxin)
Sulfasalazine (Azulfidine)
Sulfonamides (Gantrisin, Bactrim, Septra)
Tetracyclines (Declomysin, Vibramycin, Minocin, Terramycin)

Griseofulvin (Fulvicin, Grisactin)
Zagam

ANTIPARASITICS

Bithionol (Bitin)
Mefloquine (Lariam)
Pyrvinium Parnate (Povan, Vanquin)

Chloroquine (Aralen)
Quinine

ANTIPSYCHOTICS

Chlorprothixene (Taractan, Tarasan)
Phenothiazines (Compazine, Mellaril, Stelazine, Phenergan, Thorazine)
Risperidone (Risperdal)
Cancer Chemotherapy
Fluorouracil (5-FU)
Procabazine (Matulane, Natulan)

Haloperidol (Haldol)
Thiothixene (Navane)
Dacarbazine (DTIC)
Methotrexate (Mexate)
Vinblastine (Velban, Belbe)

CARIOVASCULARS

Ace Inhibitors (Capoten, Vasotec, Monapril, Accupril, Altace, Univasc)
Amiodarone (Cordarone)
Disopyramide (Norpace)
Lovastatin (Mevacor)
Pravastatin (Pravachol)
Simvastatin (Zocor)

Diltiazem (Cardizem)
Osartan (Hyzaar)
Nifedipine (Procardia)
Quinidine (Quinaglute)
Sotalol (Betapace)

DIURETICS

Acetazolamide (Diamox)
Furosemide (Lasix)
Thiazides (HydroDiuril, Naturetin)

Amiloride (Midamor)
Metolazone (Diulo, Zaroxolyn)

HYPOGLYCEMIC SULFONYLUREAS

Acetohexamide (Dymelor)
Glimepiride (Amaryl)
Glyburide (DiaBeta, Micronase)
Tolbutamide (Orinase)

Chlorpropamide (Diabinese)
Glipzide (Glucotrol)
Tolazamide (Tolinase)

NSAIDs

All nonsteroidal anti-inflammatory drugs
Ibuprofen (Motrin)
Orudis
Voltaren
Nabumetone (Relafen)

Naproxen (Anaprox, Naproxyn)
Feldene
Etodolac (Lodine)
Oxaprozin (Daypro)

SUNSCREENS

Benzophenones (Armis, Clinique)
Cinnamates (Arimis, Estee Lauder)
Oxybenzone (Eclipse, PreSun, Shade)
PABA Esters (Block Out, Sea & Ski, Eclipse)

Dioxbenzone (Solbar Plus)
PABA (PreSun)

MISCELLANEOUS

Benzocaine
Carbamazepine (Tegretol)
Coal Tar (Tegrin, Zetar, Denorex)
Etretinate (Tegison)
Gabapentin (Neurontin)
Gold Salts (Myochrysine, Ridaura, Solganal)
Interferon beta-1b (Betaseron)
Masoprocol (Actinex)
Perfume Oils (Bergamot, Citron, Lavender, Sandalwood, Cedar, Musk)
Psoralens
Tretinoin (Retin-A, Vitamin A Acid)

Benzoyl Peroxide (Oxy 10)
Chlordiazepoxide (Librium)
Estazolam (ProSom)
Felbamate (Felbatol)
Hexachlorophene (pHisoHex)
Hypericum (St. Johns Wort)
Isetretinoln (Accutane)
Olsalazine (Dipentum)
Selegiline (Deprenyl, Eldepryl)
Zolpidem (Ambien)

OTHER PHOTSENSITIZING FOODS & MEDICATIONS

Acridine Preparations (slight)

Agave Lechuguilla (Amaryllis)

Agrimony	9-Aminoacridine
Aminobenzoic Acid	Anesthetica (Procaine group)
Angelica	Anthracene
Antimalarials	Arsenicals
Barbiturates	Bavachi (Corylifolia)
Benzene	Benzopyrine
Bergamot (Perfume)	Bithional (Actamer, Lorotheidol)
Bulosemide (Jadit)	Bromchlorsalicylanilide
4-Butyl-4-Chlorosalicylanilide	Carbutamide (Nadisan)
Carbinoxamine D-Form (Twiston R-A)	Carrots
Celery	Chlorophyll
Citrus Fruits	Clover
Demeclocycline	Declomycin
Parsnips	Penicillin derivatives
Perioline	Perphenazine (Trilafon)
Phenanathrene	Phenazine Dyes
Phenolic compounds	Phenoxazines
Phenothiazines (dyes, methylene blue)	Demethylchlortetracycline
Dibenzopyran derivatives	Dicyanine-A
Digalloyl trioleate sunscreen	Dill
Diphenhydramine hydrochloride	Eggs
Eosin (slight)	Figs
Estrone	Fennel
Fluorescein dyes	5-Fluorouracil
Glyceryl P-Aminobenzoate	Grass (Meadow, Wheat, Barley)
Garlic	Lime Oil
Hematoporphyrin	Hexachlorophene (Rare)
Imipramine HCL (Tofranil)	Isothipencyl (Theruhistin)
Isothipendyl	Lady's Thumb (Tea)
Lantinin	Mecllothiazide (Enduron)
Mepazine (Pacatal)	9-Mercatopurine
Methotrimeprazine (Levoprome)	5-Methixypsoralen
Methoxsalen (Meloxine, Oxsoralen)	8-Methoxypsoralen
Monoglycerol Paraaminobenzoate	Mustards
Nalidixic Acid	Naphthalene
Nortriptyline (Aventyl)	Para-Dimethylaminoazobenzene
Paraphenylenediamine	Parsley
Promazine Hydrochloride	Sulfadiazine
Sulfadoxine	Sulfamethizole
Sulfapyridine	Acetohexamide
Cyclothiazide	Trichlormethiazide
Chlortetracycline	Clomipramine
Mirtazapine	Sertaline
Pitch and Pitch fumes	Porphyrins
Profriptyline	Pyrathiazine Hydrochloride
Pyridine	Rose Bengal Perfume

Rue	Salicylanilides
Salicylates	Silver Salts
Smartweed (Tea)	Stilbamindine Isethionate
Sulfacetamide	Sulfadimethoxine
Sulfaguanidine	Sulfanilamide (slight)
Sulfamerazine	Sulfamethazine
Sulfathiazole	Sulfonamides
Sulfaisomidine (Elkosin)	Sulfonylureas (Antidiabetics)
Tetrachlorsalicylanilide	Thiazides (Diuril, Hydrodiuril)
Thiopropazate	Dihydrochloride
Toluene	Tribromosalicylanilide (TBS)
Trichlormethiazide (Metahydrin)	Tridione
Triethylene Melamine (TEM)	Trimeprazine Tartrate (Temaril)
Triflupromazine Hydrochloride (Vesprin)	Trimethadione (Tridione)
Tripyrathiazine	Vanilla Oils
Water Ash	Xylene
Yarrow	Antifungals
Antimicrobials	Antiseptics
Artificial Sweeteners	Cosmetics
Dyes	Deodorant
Bacteriostatic Agents	Fluorescent Brightening Agents
Melanogenics (furocoumarins)	Flavoring and Spices
Perfumes & Toilet Articles (essential oils)	Tattoos
Onions	Coumarin (from Tonka Bean)
Chloroquine	Estrogen
Blood Pressure Medications	Major Tranquilizers
Oral Diabetes Medications	Antibiotics
Anticholesterol Medications	Anticonvulsants
Actifed	Aldoclor
Aldoril	Aldatazide
Acetohexamine	Acetophenazine

DYES IN MAKE-UP PRODUCTS AND SOME FOODS

(Make sure skin is clean before tanning)

Acridine	Anthracene
Cadmium Sulfide	Eosin (found in lipstick)
Erythrosin	Fluorescin
Methylene Blue, Violet, Orange & Red	Neutral Red
Rose Bengal	Toluidine Blue
Trypaflavin & Trypan Blue	

SUNSCREENS

6-Acetoxy-2, 4-dimethyl-m-dioxane (preservative in sunscreen)
 Benzophenones (Armis, Clinique and others)
 Cinnamates (Aramis, Estee Lauder and others)
 Oxybenzone (Eclipse, PreSun and others)

Paba Esters (Eclipse, Block Out, Sea & Ski and others)
Para-aminobenzoic Acid (PABA-Pabagel, Pabanol, PreSun and others)

HEALTH CONDITIONS

(Individuals with the following conditions should not be allowed to tan unless they have written consent from their physician. It is unlikely that any doctor will permit tanning under these circumstances.)

Albinism	Atinie Prurigo
Dermatomysitis	Lichen Rubber
Lung Tuberculosis	Lupus Erythemotosum
Melasma	Photoallergic Eczema
Polymorphous Light	Eruption
Porphria	Related Allergies
Rosacea	Solar Urticaria
Sun Poisoning	Varix
Vitiligo	Xeroderma Pigmentosum