



Florida Health Mission:

To protect, promote
& improve the health
of all people
in Florida through
integrated state, county,
& community efforts.

Rick Scott
Governor

John H. Armstrong, MD, FACS
Surgeon General & Secretary

**Florida Department of Health
Lee County**

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MEDIA—We have a list of moms returning to work who can be interviewed in English and Spanish. Let me know if you want to set something up.

Diane

FOR IMMEDIATE RELEASE

July 29, 2015

Florida Department of Health in Lee County
2015:037

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**BREASTFEEDING OPEN HOUSE GUIDES MOMS
SUCCESSFUL RETURN TO WORK**

Lee County, FL— An Open House at the Women Infants and Children Breastfeeding Welcome Center, 3920 Michigan Avenue, Fort Myers from 10 a.m. to 1 p.m. Monday, August 3, 2015 begins World Breastfeeding Week in Lee, Hendry and Glades counties with information and support for new moms returning to work.

“Our goal is to increase awareness of women’s breastfeeding rights in the workplace so we no longer hear moms tell us they stopped breastfeeding because they returned to work,” said Betsey Lunsford, IBCLC, breastfeeding consultant for the Florida Department of Health in Lee County. “We want moms who want the best for their babies and themselves to use WIC as a resource.”

The Working and Breastfeeding, Let’s Make it Work! Open House begins a month of classes in English and Spanish with guest speakers including doctors, nurses, breastfeeding counselors, Department of Labor officials and more. Pregnant women, newborn babies, mothers, employers, medical practitioners and child care center operators are invited to talk with Lactation Consultants, peer counselors and each other.

“Women are not always aware of their rights or of how to discuss the need to express their milk while working,” said Lunsford. Staff will offer class signup, demonstrate and answer questions about baby wearing, connect moms with breastfeeding support groups, explain how to get breast pumps and how to successfully separate for work or school after your baby is at least 6 weeks old.

Speakers are listed on the DOH-Lee website under upcoming events and on the attached calendar.

For more information call (239) 332-9615 or Giomar Veloz, LD/N, (239) 656-2534.

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The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Follow us on Twitter at [@HealthyFla](https://twitter.com/HealthyFla) and on [Facebook](https://www.facebook.com/HealthyFla). For more information go to <http://lee.floridahealth.gov/>



World Breastfeeding Week Events August 2015

WIC Breastfeeding Welcome Center, 3920 Michigan Ave., Ft. Myers, FL 33916

239/332-9615

Guest speakers the first 30 minutes of each scheduled breastfeeding class

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Open House: WIC Breastfeeding Welcome Center 3920 Michigan Ave. 10am-1pm Public Welcome! Meet peer counselors, lactation consultants, view our class and facility</p>	<p>4 Spanish BF Class: Michigan WIC Clinic 10:30am Speaker: Claudia Ramey, RN Lee County DOH English BF Class: LaBelle Clinic 10:30am Speaker: Maria Richter, IBCLC WIC Breastfeeding Team</p>	<p>5</p>	<p>6 Spanish BF Class: Pondella WIC Clinic 10:30am Speaker: Tracy Brook, PA De La Vega Pediatrics</p>	<p>7</p>
<p>10</p>	<p>11 English BF Class: Michigan WIC Clinic 10:30am Speaker: Betsey Lunsford, IBCLC WIC Breastfeeding Team</p>	<p>12 Spanish BF Class: Clewiston WIC Clinic 10:30am Speaker: Maria Sanchez, breastfeeding peer counselor Spanish BF Class Lehigh WIC Clinic 10:30am Speaker: Dr. Jorge Quinonez Family Health Centers of SW Florida</p>	<p>13</p>	<p>14</p>
<p>17</p>	<p>18 English BF Class Clewiston WIC Clinic 10:30am Speaker: Maria Richter, IBCLC WIC Breastfeeding Team</p>	<p>19</p>	<p>20 English BF Class Pondella WIC Clinic 10:30am Speaker: Mr. Paul Dean, US Dept. of Labor</p>	<p>21</p>
<p>24</p>	<p>25 English BF Class Lehigh WIC Clinic 10:30am Speaker: Denise Drago, MD Pediatrician, Lee Physicians Group</p>	<p>26 Spanish BF Class LaBelle WIC Clinic 10:30am Speaker: Maria Sanchez, breastfeeding peer counselor</p>	<p>27</p>	<p>28</p>